



Find Your Number

The E.H. Player Rating • One to Nine

E.H. Pickleball Club • 151 Roberts Street, East Hartford, CT 06108

Every player here has a number from one to nine.

It is not a judgment and it is not permanent. It is a starting point — and it is how we make sure the person across the net makes you work without running you off the court.

TWO WAYS TO GET YOURS

IF YOU ...	THEN...
You have a DUPR	Find your DUPR in the right-hand column below and take the E.H. number next to it. That is your rating. Nothing else to do.
You do not have a DUPR	Read the descriptions and pick the one that sounds like your game on an <i>average</i> day — not your best day. Most people who rate themselves honestly land within one number.
You would rather not guess	Ask us to rate you on court. It takes about ten minutes and it costs nothing.

THE SCALE

Three bands of three — Beginner, Intermediate, Advanced — and inside each one a base, a middle, and an advanced step. That is deliberate. The jump from a 3 to a 4 is a real threshold you can feel. The step from a 4 to a 5 is close enough to reach for in a season.

BEGINNER

E.H.	LEVEL	WHAT IT LOOKS LIKE	DUPR
1	New Player	Never played, or close to it. Learning grip, serve, and where to stand. Can rally a few balls when they are fed gently.	2.00-2.25
2	Beginner Intermediate	Knows the scoring and the kitchen. Can serve and return well enough to start a point. Rallies are short.	2.25-2.50
3	Beginner Advanced	Sustains a rally off both sides. Gets to the net. Starting to dink on purpose rather than by accident.	2.50-3.00

INTERMEDIATE

E.H.	LEVEL	WHAT IT LOOKS LIKE	DUPR
4	Intermediate Beginner	Gets to the kitchen line and stays there. Hits a recognizable third shot. Under pressure the mechanics come apart.	3.00-3.25
5	Intermediate	Reliable serve, return, and drop. Sustains dinks and can place the ball to a side. Moves <i>with</i> a partner instead of beside one.	3.25-3.50
6	Intermediate Advanced	Controls pace on purpose. Knows when to reset, when to speed it up, and when to do nothing. Errors are decisions rather than mistakes.	3.50-3.75

ADVANCED

E.H.	LEVEL	WHAT IT LOOKS LIKE	DUPR
7	Advanced Beginner	Every shot available under pressure. Reads the opponent's patterns and plays to them. Moves as a unit with a partner.	3.75-4.25
8	Advanced	Few unforced errors. Attacks the right ball and lets the wrong one go. Fast hands, disciplined patience, a plan every point.	4.25-4.75
9	Advanced Elite	Tournament level. Wins points by construction rather than by power. Exploits a weakness within a game or two.	4.75+

DUPR is an approximate crossover, not a conversion. Your E.H. number is what places you.

Not sure? Just ask.

We would rather place you well than have you guess. Ask at the desk, ask a pro, or email us. Getting your number right is our job, not a test you have to pass.

Gratefully,

Taylor Heal

E.H. Pickleball Club

Operations Director and Head Pickleball Professional

IPTPA/PPR/RPO Certified Teaching Professional

860-917-4251 • easthartfordpickleballclub@gmail.com

Court Reserve — search **EAST HARTFORD RACQUET CLUB**